

EHC ED Critical Care

Rewarming after Induced Hypothermia

Goal

Rewarming should be slow and controlled

0.5-1° C (1-2° F) every hour; over approximately 8 hours

Procedure

- Remove cooling blankets
- Stop paralysis at 36° C
- Titrate sedation to patient comfort
- Monitor for hypotension/hyperkalemia
- The goal after re-warming is normothermia; avoid any temp > 38° C. Cooling blankets may need to be turned back on.
- Formal neurologic evaluation by the neurology service once normothermia achieved and patient is taken to the RICU.